



QimiQ AVANTAGES

- No content maintained
- No content maintained
- No content maintained



25



INGRÉDIENTS POUR 4 PORTIONS

250 g

40 g Oignon(s), finement hachées

60 g Champignons, coupé fin

30 g Lauch, coupé fin

150 g Quinoa

4 cs Huile d'olive

125 ml Vin blanc

150 g

Sel

Poivre noir, frisch gerieben

0.5 TL Thymian, getrocknet

0.5 TL Oregano, getrocknet

60 g Sbrinz, râpée

2 Courgette(s)

1 Aubergine

4 cs Huile d'olive

2 Poivron(s)

Sbrinz, râpée

PRÉPARATION

1. content not maintained in this language
2. content not maintained in this language
3. content not maintained in this language
4. content not maintained in this language
5. content not maintained in this language
6. content not maintained in this language