



# TITLE NOT MAINTAINED IN THIS LANGUAGE



## QimiQ AVANTAGES

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## INGRÉDIENTS POUR 10 PORTIONS

**625 g**

**100 g** Oignon(s), finement hachées

**150 g** Champignons, coupé fin

**60 g** Lauch, coupé fin

**380 g** Quinoa

**100 ml** Huile d'olive

**350 ml** Vin blanc

**380 g**

Sel

Poivre noir, frisch gerieben

**1 TL** Thymian, getrocknet

**1 TL** Oregano, getrocknet

**150 g** Sbrinz, râpée

**5** Courgette(s)

**3** Aubergine

**80 ml** Huile d'olive

**4** Poivron(s)

Sbrinz, râpée

## PRÉPARATION

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