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QimiQ AVANTAGES

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INGRÉDIENTS POUR 4 PORTIONS

8 Cuisse de poulet à 150 g

1 TL Grillgewürz

3 cs Huile d'olive

Jus d'un citron

2 cs Sauce de soja

125 g QimiQ Base crème, non réfrigéré

100 g Fromage frais

100 g Ketchup

2 cs Basilic, haché

1 Tomate(s), épépinée

150 g Carotte(s), in Stäbchen geschnitten

150 g Concombre, in Stäbchen geschnitten

PRÉPARATION

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