



QimiQ AVANTAGES

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INGRÉDIENTS POUR 4 PORTIONS

250 g

120 g Oignon(s), coupé fin

10 g Ail, finement hachées

80 g Beurre

160 g Épinards en branches, blanchiert

4 Jaune(s) d'œuf

50 g Noix, haché

4 Blanc(s) d'œuf

Sel

Poivre noir, fraîchement moulu

300 g Pain noir, ohne Kruste

120 g Schaffrischkäse

PRÉPARATION

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