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QimiQ AVANTAGES

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INGRÉDIENTS POUR 10 PORTIONS

100 g QimiQ Base crème
200 g , réfrigéré
300 g Zuckererbsen
2 cl weißer Portwein
1 cs Vinaigre balsamique blanc
Sel
1 pincée Poivre de Cayenne
1 cs Menthe, haché
50 g braune Butter

10 Seesaiblingsfilets à 160 g
Sel et poivre
Huile d'olive

PRÉPARATION

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