



GREEN APPLE BANANA AND SPINACH SMOOTHIE



QimiQ BENEFITS

- 100% natural, contains no preservatives, additives or emulsifiers
- Acid stable and does not curdle
- Contains all the valuable benefits of milk



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easy

INGREDIENTS FOR 1 LITRE

250 g QimiQ Classic, unchilled

250 ml Water

140 g Apple(s), cored

100 g Banana(s), peeled

250 g Leaf spinach

25 ml Lime juice

METHOD

1. Place all the ingredients into a blender and mix at the highest speed until smooth.
2. Pour the mixture into glasses, decorate as required and serve.