



KIDNEY BEAN SPREAD

QimiQ BENEFITS

- Full creamy taste with less fat and cholesterol
- Enhances the natural taste of added ingredients



15



easy

INGREDIENTS FOR 8 PORTIONS

500 g Kidney beans, cooked

250 g QimiQ Classic, unchilled

80 g Tomato paste

20 ml Linseed oil

4 g Garlic, chopped

Salt

Thyme

Curry powder

METHOD

1. Blend the ingredients together until smooth.