

GOATS CHEESE MOUSSE AND ASPARAGUS RINGS

QimiQ BENEFITS

- Quick and easy preparation
- Enhances the natural taste of added ingredients





15

easy

INGREDIENTS FOR 10 PORTIONS

10	Slice(s) of brown bread
600 g	Green asparagus, peeled
FOR THE MOUSSE	
250 g	QimiQ Classic, unchilled
250 g	Goat cheese, crushed
40 ml	Balsamic vinegar, white
	Salt and pepper
	Oregano, finely chopped
	Thyme, finely chopped
	Garlic, finely chopped
250 ml	Cream 36 % fat, whipped

METHOD

- 1. Use a dessert ring (8 cm Ø) to cut 4 discs out of the slices of bread. Blanch the asparagus and rinse with cold water to retain the colour.
- 2. For the mousse whisk QimiQ Classic smooth. Add the goats cheese, vinegar and seasoning and mix well. Fold in the whipped cream.
- 3. Place the bread discs back into the dessert rings. Cover with a layer of mousse, followed by a layer of asparagus and repeat this procedure until the ring is full, finishing with a layer of mousse.
- 4. Cover with cling film and chill for at least 4 hours (preferably over night).
- 5. Cut round the inside edge of the ring with a sharp knife.