

RHUBARB TRIFLE

QimiQ BENEFITS

- 100% natural, contains no preservatives, additives or emulsifiers
- Creamy indulgent taste with less fat
- Stable consistency





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easy

INGREDIENTS FOR 6 PORTIONS

125 g	QimiQ Classic, unchilled
400 g	Rhubarb, fresh, peeled
3 tbsp	Sugar
2 tbsp	Water
20 g	Red currant jam
1 tbsp	Lemon juice
10 g	Corn flour / starch
100 g	Ladyfingers, diced
125 g	Low fat quark [cream cheese]
50 ml	Milk
80 g	Sugar
100 ml	Cream 36 % fat, whipped

TO DECORATE

3 Strawberries, halve	ed
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12 Amarettini [Italian almond biscuits], crushed

METHOD

- 1. Cook the rhubarb, sugar, water, jam and lemon juice for 5 minutes or until the rhubarb is soft. Mix the starch with some water to a thick paste. Use to bind the rhubarb and allow to cool.
- 2. Whisk QimiQ Classic smooth. Add the quark, milk and sugar and mix well. Fold in the whipped cream.
- 3. Divide the lady fingers amongst 6 dessert glasses. Cover with a layer of rhubarb followed by the cream. Chill for at least 4 hours, preferably over night.
- Serve decorated with halved strawberries and Amarettini.