

SALMON FILLET IN PARCHMENT PAPER WITH LIME SAUCE



QimiQ BENEFITS

- Gluten free
- Creamy indulgent taste with less fat
- Problem-free reheating possible





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easy

INGREDIENTS FOR 4 PORTIONS

4	Salmon fillets(s) 150 g each
	Lemon juice
	Herb salt
FOR THE HERB TOPPING	
125 g	QimiQ Cream Base, chilled
80 g	Mushrooms, finely chopped
1 tsp	Butter
80 g	Cream cheese
2 tbsp	Mixed herbs, finely chopped
1	Garlic clove(s), finely chopped
	Salt and pepper
FOR THE SAUCE	
125 g	QimiQ Cream Base
400 g	Potatoes, cut into strips
250 g	Carrots, cut into strips
100 g	Peas in the pod
150 g	Kohlrabi, cut into strips
125	Vegetable stock
30 ml	Lime juice
	Herb salt

METHOD

- 1. Preheat the oven to 240 °C (conventional oven).
- Season the salmon with lemon juice and herb salt and allow to draw.
- 3. For the herb topping: fry the mushrooms in butter until the excess liquid has evaporated. Add the remaining ingredients and season to taste with salt and pepper.
- 4. Place the 4 fillets on individual sheets of parchment paper. Spread with the herb topping and wrap up well. Bake in the preheated oven for approx. 7-10 minutes.
- 5. For the sauce: cook the vegetables in the stock until tender to the bite.
- 6. Season to taste with the herb salt. Stir in the QimiQ Sauce Base and continue to cook until the required consistency has been achieved.