

BUCKWHEAT BURGER WITH CARROTS AND WALNUTS



QimiQ BENEFITS

- Binds with fluid no separation of ingredients
- Full taste with less fat content





INGREDIENTS FOR 10 PORTIONS

375 g	QimiQ Classic, unchilled
240 g	Buckwheat
180 g	Cream cheese
360 g	Carrots, peeled
90 g	Walnuts, finely chopped
150 g	Red onion(s), finely diced
	Salt
	Black pepper, freshly ground
10	Hamburger buns
	Lettuce leaves
	Red onion(s), cut into rings

METHOD

- 1. Wash the buckwheat in a sieve under running water and cook in unsalted water until tender. Allow to
- 2. Whisk the QimiQ Classic smooth. Add the cream cheese, buckwheat, carrots, walnuts and onions and mix well. Season with the salt and pepper.
- 3. Form into burgers using a spoon and place onto a baking sheet lined with parchment paper.
- 4. Chill for approx. 4
- 5. Slice the burger buns in half. Place a salad leaf onto the bottom half of each
- 6. Add the burger, top with the onions and finish with the second half of the bun.