

JAMBALAYA SEAFOOD QUICHE



QimiQ BENEFITS

- Problem-free reheating possible
- Binds with fluid no separation of ingredients
- Reduces drying out on regeneration





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INGREDIENTS FOR 8 PORTIONS

FOR THE BASE

FOR THE BASE	
200 g	Flour
100 g	Butter, softened
50 g	Egg(s)
30 ml	Water, chilled
	Salt
FOR THE FILLING	
100 g	White onions, chopped
50 g	Garlic, chopped
100 g	Celery, diced
300 g	Sweet peppers, tricolour, chopped
150 g	Chorizo [Spanish paprika salami]
600 g	Seafood
200 g	Egg(s)
	Salt and pepper
	Cajun spice
50 g	Tomato paste
50 g	Chives, chopped
300 ml	QimiQ Cream Base
200 g	Pepper Jack cheese, grated

METHOD

- 1. Preheat the oven to 160° C.
- 2. For the base, mix the flour, butter, egg, water and salt together and knead to a smooth dough. Wrap in cling film and chill for at least 30 minutes. Roll the dough out, use to line a well greased quiche tin (Ø 20 cm) and prebake for 30 minutes.
- 3. For the filling, sauté the onion, garlic, celery and peppers and season to taste. Sauté the seafood in olive oil for approx. 4 minutes and drain off the excess liquid.
- 4. Add the eggs, spices, tomato paste and chives to the QimiQ Sauce Base and mix
- 5. Layer the ingredients in the quiche pastry case, and sprinkle with the grated cheese.
- 6. Bake in the hot oven for approx 50 minutes (cover with tin foil whilst baking to prevent burning, if necessary).
- 7. Allow to cool for 20 minutes before serving.