

NAAN BREAD WITH TOMATO AND AVOCADO CREAM



QimiQ BENEFITS

- Quick and easy preparation
- Full taste with less fat content
- Creamy consistency





30

eas

Tips

Refine with freshly chopped cilantro.

INGREDIENTS FOR 4 PORTIONS

FOR THE NAAN BREAD

	
70 g	QimiQ Classic, unchilled
3 tbsp	Milk
250 ml	Water
2 tbsp	Rapeseed oil
30 g	Sugar
1 tsp	Salt
500 g	Flour, plain
1 package	Baking powder
FOR THE TOMATO	AND AVOCADO CREAM
180 g	QimiQ Classic, unchilled
100 g	Tomato(es), diced
100 g	Avocado(s), diced
40 g	Black olives, chopped
10 g	Flat-leaf parsley, chopped
1	Garlic clove(s), finely chopped
0.5	Lemon(s), juice only
	Salt

METHOD

- 1. For the naan bread: whisk the unchilled QimiQ Classic smooth. Add the milk, water, oil, sugar and salt and mix well.
- 2. Mix the flour and baking powder and add to the QimiQ mixture. Knead to a smooth dough and allow to rest for approx. 30 minutes.
- 3. Divide the dough into 4 pieces and roll out into circles. Bake in a hot pan with oil until done.

Black pepper, freshly ground

- 4. For the tomato and avocado cream: whisk the QimiQ Classic smooth. Add the remaining ingredients and mix
- 5. Spread the cream onto the naan bread and garnish with salad or vegetables if required.