

## GRILLED HERB MARINATED CHICKEN BREASTS



## **QimiQ BENEFITS**

- Acid, heat and alcohol stable
- Emulsifies with oil
- Acid stable and does not curdle
- Keeps grilled meats moist for longer





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## **INGREDIENTS FOR 8 PORTIONS**

125 g	QimiQ Classic, unchilled
60 ml	Olive oil
60 ml	Water
1 tbsp	Brown sugar
40 g	Garden herbs, fresh, chopped
3	Garlic clove(s), finely chopped
3 tbsp	Lemon juice
1 tbsp	Tabasco sauce
	Salt and pepper
8	Chicken breast fillets 125 g each

## **METHOD**

- 1. For the mariniade, whisk QimiQ Classic smooth. Slowly add the olive oil while stirring continuously. Add the remaining ingredients and mix well.
- 2. Marinate the chicken breasts and chill for approx. 4 hours
- 3. Drain the breasts and warm up the marinade. Grill, and brush regularly with the marinade until the chicken breasts are cooked through.