

EBLY TENDER WHEAT MUESLI

QimiQ BENEFITS

• Creamy indulgent taste with less





15

easy

Tips

Adjust for taste with more sugar, honey or sweetener if required.

INGREDIENTS FOR 4 PORTIONS

250 g	QimiQ Classic, unchilled
250 g	Natural yoghurt
200 g	Ebly Tender Wheat, cooked
40 g	Oat flakes
100 g	Raisins
50 g	Prunes, finely diced
60 g	Nuts, chopped
2	Banana(s), sliced
2	Apple(s), coarsely grated

METHOD

- 1. Whisk QimiQ Classic smooth. Add the yoghurt, cooked Ebly Tenderwheat and oat flakes, mix well and allow to draw for approx. 20 minutes.
- 2. Add the raisins, prunes, nuts, banana and apple and mix well.