

PUFF PASTRIES WITH SCALLOP FILLING



QimiQ BENEFITS

- Acid, heat and alcohol stable
- Prevents moisture migration, bread, rolls and sandwiches remain fresh and dry for longer
- Creamy indulgent taste with less fat
- Quick and easy preparation





15

easy

INGREDIENTS FOR 12 SERVINGS

100 g	QimiQ Classic, unchilled
300 g	Scallops, fresh
15 g	Olive oil
80 g	Shallot(s), finely chopped
100 g	Sweet peppers, tricolour, finely diced
20 g	Cilantro, finely chopped
	Salt
	Cayenne pepper
	Lemon juice
270 g	Puff pastry[Tante Fanny]
1	Egg yolk(s), to brush

METHOD

- 1. Preheat the oven to 200° C (conventional oven).
- 2. For the filling, clean and quarter the scallops and pat
- 3. Flash fry the scallops in olive oil. Add the shallots and diced peppers and continue to cook until done. Season to taste and allow to cool.
- 4. Whisk QimiQ Classic smooth. Add the scallops, shallots, peppers and coriander and mix well. Season to taste with salt, cayenne pepper and lemon juice.
- 5. Roll out the puff pastry. Cut approx. half of the pastry into 7.5 cm Ø circles and cut 8 cm Ø circles out of the remaining pastry.
- 6. Place 1 tbsp of the filling onto the smaller circles, brush the edge with egg yolk and cover with the larger circle. Seal the edges with a fork.
- 7. Place onto a baking sheet lined with baking paper and brush with egg yolk. Bake in the hot oven for 6 minutes. Reduce the heat to 180° C and bake for a further 4 minutes.
- 8. Allow to cool for a few minutes and serve warm.