

AUBERGINE AND SAUSAGE CASSEROLE



QimiQ BENEFITS

- Bake stable
- Full creamy taste with less fat and cholesterol
- Oven baked dishes remain moist for longer
- Sauce can be mixed cold, no cooking required





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easy

INGREDIENTS FOR 10 PORTIONS

480 g	QimiQ Cream Base
560 g	Eggplant, peeled
240 g	Aidells Portobello Mushroom Sausage, sliced
20 g	Garlic, minced
120 g	Spanish onion(s), diced
240 g	Whole egg(s)
8 g	Salt
4 g	Black pepper, freshly ground
360 g	Fontina cheese, grated
160 g	Bread crumbs, ground
120 g	Parmesan, grated
80 g	Tomato(es), diced

METHOD

- 1. Preheat the oven to 350° F/175° C.
- 2. Cook eggplant in 2 cups of water, salt and lemon juice until tender, drain and let stand
- 3. Cook sausage, garlic and onion until sausage is fully
- 4. Arrange eggplant coins tiled around a greased ovenproof casserole dish leaving an open area in center.
- 5. In a bowl combine sausage mix, eggs, salt, pepper, QimiQ Sauce Base, Fontina and 1/2 the bread crumbs. Pour the mixture into center of the eggplant lined casserole.
- 6. Sprinkle with grated parmesan cheese and remaining bread crumbs. Bake for 25 minutes until golden brown.
- 7. Top with diced tomatoes.