QimiQ

SPAGHETTI CARBONARA



QimiQ BENEFITS

- Creamy indulgent taste with less fat
- Longer presentation times without loss of quality
- Enhances the natural taste of added ingredients





easy

15

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INGREDIENTS FOR 4 PORTIONS

| 250 g | QimiQ Classic, unchilled |
|--------|--------------------------------------|
| 400 g | Spaghetti |
| 20 ml | Olive oil |
| 150 g | Cured ham, cut into strips |
| 250 g | Mushrooms, finely sliced [émincé PF] |
| 2 tbsp | Sunflower oil |
| 60 ml | Clear vegetable stock |
| 1 | Egg yolk(s) |
| | Salt and pepper |
| 1 tbsp | Flat-leaf parsley, finely chopped |
| 60 g | Parmesan, grated |
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METHOD

- Cook the spaghetti al dente in salt water with the olive
 oil
- 2. For the sauce, fry the ham and mushrooms. Douse with the stock.
- 3. Whisk QimiQ Classic smooth. Add the egg yolk, mix well and add to the ham sauce. Do not allow to boil.
- 4. Season to taste and finish with parsley.
- 5. Serve the spagetti with the sauce and sprinkle with grated parmesan.