

GREEN APPLE BANANA AND SPINACH SMOOTHIE



QimiQ BENEFITS

- Acid stable and does not curdle
- Contains all the valuable benefits of milk
- Creamy indulgent taste with less fat





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easy

INGREDIENTS FOR 4 PORTIONS

| 250 g | QimiQ Classic, unchilled |
|--------|--------------------------|
| 250 ml | Water |
| 1 | Apple, cored |
| 1 | Banana(s), peeled |
| 250 g | Leaf spinach |
| 25 ml | Lime juice |

METHOD

- 1. Place the ingredients together into a mixing beaker and blend smooth using an immersion blender.
- 2. Pour the mixture into glasses, decorate as required and serve.