



# AVOCADO COCONUT AND APPLE SMOOTHIE



## QimiQ BENEFITS

- 100% natural, contains no preservatives, additives or emulsifiers
- Binds with fluid - no separation of ingredients
- Creamy consistency



15



easy

## INGREDIENTS FOR 4 PORTIONS

**250 g** QimiQ Classic, unchilled

**250 ml** Water

**1** Avocado(s), peeled

**2** Apple(s), sour, cored

**200 ml** Coconut milk

Mint

**1** Lime(s), juice only

## METHOD

1. Place the ingredients together into a mixing beaker and blend smooth using an immersion blender.
2. Pour the mixture into glasses, decorate as required and serve.