

ORIENTAL CHICKEN SALAD



QimiQ BENEFITS

- Creamy indulgent taste with less fat
- Quick and easy preparation
- Dressings made with QimiQ cling better to salads





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INGREDIENTS FOR 10 PORTIONS

620 g	Chicken breast fillet
380 g	Celeriac, coarsely grated
380 g	Leek, finely sliced
180 g	Green peas
620 g	Rice, cooked
75 g	Tinned pineapple, drained
FOR THE DRESSING	
310 g	QimiQ Classic, unchilled
620 g	Low fat yoghurt
230 ml	Peach juice
5 tbsp	Curry powder
1 tsp	Curcuma, dried
	Sugar
	Salt and pepper
	Cayenne pepper

METHOD

- 1. For the salad, fry the chicken breasts and
- Add the celeriac, leek, peas, rice and pineapple and mix well.
- 3. For the dressing: whisk the unchilled QimiQ Classic smooth. Add the remaining ingredients and mix well. Season to
- 4. Toss the salad in the dressing and adjust the seasoning.