

SADDLE OF LAMB WITH SWEET POTATO AND WALNUT TARTE



QimiQ BENEFITS

- Foolproof
- Problem-free reheating possible
- Prevents moisture migration, pastry remains fresh and dry for longer





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medium

INGREDIENTS FOR 12 PORTIONS

FOR THE SWEET POTATOES AND WALNUT TARTE	
500 g	QimiQ Cream Base
200 g	Flour, plain
100 g	Butter, softened
1	Egg(s)
	Salt
100 g	Walnuts, chopped
100 g	Feta cheese
3 g	Curcuma, dried
8 g	Salt
	Black pepper
	Ground nutmeg
	Orange juice
	Orange zest
1 kg	Sweet potatoes, peeled
FOR THE SADDLE OF LAMB	
2 kg	Saddle of lamb
	Salt
	Black pepper
80 ml	Olive oil
120 g	Pommery mustard
	Flat-leaf parsley, chopped

METHOD

- 1. For the pastry: knead the flour, soft butter, egg and salt to a smooth dough.
- 2. For the filling: mix together the QimiQ Sauce Base, walnuts, feta cheese, curcuma, salt, black pepper, nutmeg, orange juice and orange zest.
- 3. Cut the sweet potatoes into thin slices, add to the QimiQ Sauce Base mixture and mix well.
- 4. Roll out the pastry and use to line a greased tart form. Fill the potato mixture into it and bake in a preheated oven at 160°C (convection oven) for approx. 30 minutes.
- 5. Trim all fat and silver skin from the lamb and season with salt and pepper. Heat the olive oil in a pan and brown the meat on all sides, before cooking in a preheated oven at 160°C for approx. 5 minutes until the internal temperature registers 54°C on a meat thermometer.
- 6. Allow the meat to rest. Brush with the Pommery mustard and coat in the chopped parsley. Slice and serve with the Sweet Potato and Walnut Tarte.