

BAKED ONION PARCELS



QimiQ BENEFITS

- Problem-free reheating possible
- Prevents moisture migration, pastry remains fresh and dry for longer
- Cremiger Genuss bei weniger Fett und weniger Cholesterin





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easy

INGREDIENTS FOR 24 SERVINGS

500 g Puff pastry

FOR THE FILLING	
125 g	QimiQ Cream Base, unchilled
400 g	Onion(s), finely diced
20 g	Butter
1	Egg(s)
75 g	Emmenthal cheese, grated
2 tbsp	Flat-leaf parsley, finely chopped
	Salt and pepper
1	Egg(s), to brush

METHOD

- Fry the onions in butter until soft and allow to cool.
- 2. Mix the ingredients together well.
- 3. Cut Ø 8 cm large circles out of the puff pastry.
- 4. Place one teaspoon of filling in the centre of each pastry circle. Brush the rim with egg and fold in half to form a parcel.
- 5. Brush the parcel with egg and place on a baking sheet lined with baking paper. Bake in a hot oven at 220° C (conventional oven) for approx. 15 minutes or until golden brown.