

FISH DUMPLINGS IN A WHITE WINE SAUCE WITH BEETROOT POTATOES



QimiQ BENEFITS

- · Alcohol stable and does not curdle
- Enhances the natural taste of added ingredients
- Smooth and creamy consistency in seconds
- Creamy indulgent taste with less fat





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INGREDIENTS FOR 4 PORTIONS

FOR THE FISH DUMPLINGS	
250 g	QimiQ Classic, unchilled
400 g	Fish fillet
2 tbsp	Dry vermouth
	Salt and pepper
FOR THE BEETRO	OT POTATOES
500 ml	Beetroot juice
500 ml	Water
	Salt
1 kg	Potatoes, small
FOR THE WHITE WINE SAUCE	
125 g	QimiQ Cream Base
150 ml	Fish stock
150 ml	Riesling white wine
	Salt and pepper
	Flat-leaf parsley, to garnish

METHOD

- 1. For the fish dumplings: blend the QimiQ Classic, fish and Vermouth smooth. Season with salt and pepper.
- 2. Form small dumplings with a dessert spoon, place carefully in boiling water and allow to draw for 2 minutes. Remove with a draining ladel, pat dry with kitchen roll and keep warm.
- 3. For the beetroot potatoes: bring the beetroot juice, water and salt to the boil. Cook the potatoes in the beetroot water, drain and keep warm.
- 4. For the white wine sauce: bring the fish stock and wine to the boil and reduce. Season with salt and pepper. Stir in the QimiQ Sauce Base and continue to cook until the required consistency has been achieved. Blend until frothy.
- 5. Serve the fish dumplings in the white wine sauce with the beetroot potatoes garnished with parsley.