

FILLET OF RABBIT IN COGNAC SAUCE



QimiQ BENEFITS

- Creamy indulgent taste with less fat
- Problem-free reheating possible
- Reduces skin formation





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easy

INGREDIENTS FOR 4 PORTIONS

500 g	Rabbit fillet
	Salt and pepper
1 tbsp	Butter
2 tbsp	Olive oil
FOR THE SAUCE	
250 g	QimiQ Cream Base
2 tbsp	Shallot(s), finely chopped
125 ml	White wine
30 ml	Brandy
500	Vegetable stock
	Salt and pepper

METHOD

- Preheat the oven auf 60 °C (conventional oven).
- 2. Season the fillets with salt and pepper and fry in the hot butter/oil mixture. Remove the meat from the pan, wrap in tin foil and place in the warm oven to keep warm.
- 3. Fry the shallots in the meat juice. Douse with white wine, cognac and vegetable stock and reduce.
- 4. Stir in the QimiQ Sauce Base and continue to cook until the required consistency has been achieved.
- 5. Season the sauce with salt and pepper ans serve with the rabbit fillet.