QimiQ

BAKED SPELT AND HERB SCONES



QimiQ BENEFITS

- Full taste with less fat content
- Pastry remains juicy and smooth
- Firmer and more stable fillings





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INGREDIENTS FOR 4 PORTIONS

FOR THE DOUGH

FOR THE DOUGH	
250 g	QimiQ Classic, unchilled
1 packet	Dried yeast
1 tsp	Granulated sugar
300 g	Spelt wholemeal flour
0.5 package	Baking powder
pinch(es)	Salt
80 g	Butter, liquid
FOR THE FILLING	
80 g	Onion(s), finely diced
40 g	Butter
2 tbsp	Flat-leaf parsley, fresh
250 g	QimiQ Classic, unchilled
125 g	Cottage cheese min. 20 % fat
1	Egg(s)
3 tbsp	Instant mashed potato flakes
40 g	Horseradish, grated
	Salt
	Black pepper, freshly ground
	Ground nutmeg, ground

METHOD

- 1. For the pastry: whisk the unchilled QimiQ Classic smooth. Add the sugar and dried yeast and mix well.
- 2. Mix the flour with the baking powder and sieve. Mix in the salt
- 3. Mix the melted butter into the QimiQ mixture. Add the flour mixture and knead to a smooth dough. Cover and allow to rest the dough in a warm place for approx. 40 minutes. (Tip: allow to rest in an oven at 50 °C.)
- 4. For the filling: sauté the onions in the butter and allow to cool slightly.
- 5. Whisk the unchilled QimiQ Classic until smooth. Add the onion, parsley, cottage cheese, egg, potato flakes, horseradish and spices and mix well.
- 6. Roll out the pastry (approx. 1/2 cm high) and cut into squares (6 x 6 cm)
- 7. Spread the filling onto the centre of each pastry square and fold. Lightly press on the
- 8. Place the scones onto a baking tray lined with baking paper and bake in a preheated oven at 180 °C (air circulation) for approx. 20 minutes.