



# GREEN PINEAPPLE SMOOTHIE



## QimiQ BENEFITS

- Binds with fluid - no separation of ingredients
- Quick and easy preparation
- Can easily be pre-prepared



15



easy

## INGREDIENTS FOR 1 LITRE

**150 g** QimiQ Classic

**150 g** Natural yoghurt

**200 ml** Pineapple juice

**300 g** Tinned pineapple

**100 g** Ripe nectarine(s)

**20 g** Spinach, fresh

**20 g** Flat-leaf parsley, fresh

**60 g** Sugar

Black pepper, freshly ground

## METHOD

1. Place the ingredients together into a mixing beaker and blend smooth using an immersion blender.
2. Pour the mixture into glasses, decorate as required and serve.