# QimiQ

# **ASPARAGUS SOUFFLÉ**



### **QimiQ BENEFITS**

- Acid stable and does not curdle
- Bake stable
- Baked goods remain moist for longer
- Full taste with less fat content





25

5 medium

#### **INGREDIENTS FOR 12 SERVINGS**

## **FOR THE SOUFFLÉ**

FOR THE SOUFFLE	
250 g	QimiQ Classic, unchilled
250 g	White asparagus, cooked
3	Egg(s)
60 g	Cream cheese
60 g	Butter, melted
50 g	White bread crumbs
80 g	Flour
0.5 package	Baking powder
3 g	Salt
	Black pepper, freshly ground
FOR THE VINAIGRETTE	
125 g	QimiQ Classic, unchilled
2 tbsp	Olive oil
60 g	Crème fraîche
1	Orange(s), juice and finely grated zest
3 tbsp	Balsamic vinegar, white
	Cilantro, fresh
TO GARNISH	
	Sweet pepper(s), diced
	Chives
	Cress

#### **METHOD**

- 1. For the soufflé: whisk the unchilled QimiQ Classic smooth. Add the asparagus, cream cheese, eggs and melted butter and mix well.
- 2. Mix the bread crumbs, flour and baking powder and fold into the mixture. Season with the salt and pepper.
- 3. Pour the mixture into greased soufflé dishes and bake in a water bath in a preheated oven at 180 °C (air circulation) for approx. 15-20 minutes.
- 4. For the vinaigrette: whisk the unchilled QimiQ Classic smooth. Slowly whisk in the olive oil until emulsified.
- 5. Add the remaining ingredients and mix
- 6. Garnish with the diced sweet pepper, cress and chives. Serve with the asparagus soufflé.