

ASPARAGUS AND OAT FLAKES MUFFINS



Tips

Serve with fresh lettuce leaves.

QimiQ BENEFITS

- Baked goods remain moist for longer
- Light, fluffy and moist consistency
- Quick and easy preparation





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easy

INGREDIENTS FOR 12 SERVINGS

250 g	QimiQ Cream Base
5	Egg(s)
120 g	Cream cheese
250 g	Asparagus, cooked
80 g	Butter, melted
	Salt
	Black pepper, freshly ground
150 g	Flour
125 g	Oat flakes
0.5 package	Baking powder

METHOD

- 1. Preheat the oven to 170 °C (conventional oven).
- 2. Blend the QimiQ Sauce Base with the eggs, cream cheese, asparagus, melted butter and spices smooth using an immersion blender.
- 3. Mix the flour with the oat flakes and baking powder and quickly whisk into the QimiQ mixture.
- 4. Fill into greased muffin moulds and bake in the preheated oven for approx. 20 minutes