

FISH DUMPLINGS IN A WHITE WINE SAUCE WITH BEETROOT POTATOES



QimiQ BENEFITS

- Enhances the natural taste of added ingredients
- Alcohol stable and does not curdle
- Creamy indulgent taste with less fat





15

easy

INGREDIENTS FOR 4 PORTIONS

FOR THE FISH DUMPLINGS	
250 g	QimiQ Classic, unchilled
400 g	Fish fillet
2 tbsp	Dry vermouth
	Salt and pepper
FOR THE BEETROOT POTATOES	
500 ml	Beetroot juice
500 ml	Water
	Salt
1 kg	Potatoes, small
FOR THE WHITE WINE SAUCE	
125 g	QimiQ Classic, chilled
150 ml	Fish stock
150 ml	Riesling white wine
	Salt and pepper
	Flat-leaf parsley, to garnish

METHOD

- 1. For the fish dumplings: blend the QimiQ Classic, fish and Vermouth smooth. Season with salt and pepper.
- 2. Form small dumplings with a dessert spoon, place carefully in boiling water and allow to draw for 2 minutes. Remove with a draining ladel, pat dry with kitchen roll and keep warm.
- 3. For the beetroot potatoes: bring the beetroot juice, water and salt to the boil. Cook the potatoes in the beetroot water, drain and keep warm.
- 4. For the white wine sauce: bring the fish stock and wine to the boil and reduce. Season with salt and pepper. Finish with cold QimiQ Classic and blend until frothy.
- 5. Serve the fish dumplings in the white wine sauce with the beetroot potatoes garnished with parsley.