



GREEN APPLE SMOOTHIE



QimiQ BENEFITS

- Binds with fluid - no separation of ingredients
- Quick and easy preparation
- Can easily be pre-prepared



5



easy

INGREDIENTS FOR 4 PORTIONS

125 g QimiQ Classic

300 g Apple(s), cored

2 Banana(s)

100 g Spinach, fresh

250 ml Apple juice

1 Lemon(s), juice only

3 tbsp Sugar

METHOD

1. Place all the ingredients into a blender and mix until smooth.
2. Pour the mixture into glasses, decorate as required and serve.