

CHICKEN BREAST COATED IN SESAME ON CURRY AND ORANGE SALAD



QimiQ BENEFITS

- Quick and easy preparation
- Creamy indulgent taste with less fat
- Dressings made with QimiQ cling better to salads





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INGREDIENTS FOR 4 PORTIONS

FOR THE MARINADE	
125 g	QimiQ Classic, unchilled
1	Orange(s), juice and finely grated zest
2 tbsp	Olive oil
1 tsp	Sesame seed oil
	Salt
	Black pepper
1 tsp	Curry powder
	Lettuce
FOR THE CHICKEN BREAST	
600 g	Chicken breast fillet
80 g	White bread crumbs
1 tsp	Black sesame seeds
1 tsp	White sesame seeds
	Vegetable oil, to roast

METHOD

- 1. For the marinade: whisk the unchilled QimiQ Classic smooth. Add the orange juice, orange zest, olive oil, sesame oil and spices and mix well. Season to taste with salt and pepper.
- 2. Brush the chicken breast with the marinade and allow to rest for approx. 1
- 3. Mix the bread crumbs with the sesame and toss the chicken breast in it. Pan fry on both sides.
- 4. Coat the lettuce with the remaining marinade. Cut the chicken breast into strips and place onto the lettuce
- 5. Garnish as required and serve.