



GREEN APPLE SMOOTHIE WITH CHIA SEEDS



QimiQ BENEFITS

- Creamy indulgent taste with less fat
- Enhances the natural taste of added ingredients
- Quick and easy preparation



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easy

INGREDIENTS FOR 1 LITRE

125 g QimiQ Classic, unchilled

300 g Apple(s), peeled

100 g Celery

50 g Spinach

100 g Kiwi, peeled

250 ml Water

50 ml Lemon juice

20 g Sugar

15 g Chia seeds

METHOD

1. Place the ingredients together into a mixing beaker and blend smooth using an immersion blender.