

ORANGE AND ADVOCAAT PARFAIT ON PASTRY BRITTLES



INGREDIENTS FOR 10 PORTIONS

QimiQ BENEFITS

- Deep freeze stable
- Quick and easy preparation
- Creamy indulgent taste with less fat





FOR THE ADVOCAAT PARFAIT	
500 g	QimiQ Classic, unchilled
300 ml	Advocaat [Eggnog]
250 ml	Whipping cream 36 % fat
160 g	Sugar
10 g	Vanilla sugar
FOR THE ORANGE	PARFAIT
500 g	QimiQ Classic, unchilled
300 g	Peaches, tinned and drained, pureed
1	Orange(s), juice and finely grated zest
250 ml	Whipping cream 36 % fat
160 g	Sugar
10 g	Vanilla sugar
FOR THE PASTRY BRITTLE	
2 package	Fresh whole meal strudel [filo] pastry
120 g	Butter, melted
160 g	Powdered sugar

METHOD

- 1. For the advocaat parfait: whisk the unchilled QimiQ Classic smooth. Add the advocaat and mix well.
- 2. Whisk the cream with the sugar and vanilla sugar until stiff and fold into the QimiQ mixture.
- 3. Line a baking tin with cling film and fill it with the parfait mixture. Allow to deep freeze for approx. 4 hours.
- 4. For the orange parfait: whisk the unchilled QimiQ Classic smooth. Add the peach puree, orange juice and orange zest and mix well.
- 5. Whisk the cream with the sugar and vanilla sugar until stiff and fold into the QimiQ mixture.
- 6. Line a baking tin with cling film and fill it with the parfait mixture. Allow to deep freeze for approx. 4 hours.
- 7. For the pastry brittle: roll the pastry out thinly and cut into circles. Spread one circle with melted butter and dust with icing sugar. Place a second pastry circle on top and again spread with melted butter and dust with icing sugar. Place on a baking sheet.
 - Repeat until 8 finished pastry circles have been created.
- Bake the pastry circles at 170 °C for approx. 10 minutes.
- 9. Cut circles out of the advocaat and orange parfait. Place a circle of advocaat parfait onto one pastry brittle and place another sheet on top. Add a circle of orange parfait on top and follow with another sheet of pastry brittle. Finish with another advocaat parfait.
- 10.Decorate as required and serve immediately.
- 11.**Tip:** Decorate with chopped pistachios and raspberries.