

INGREDIENTS FOR 4 PORTIONS

QimiQ BENEFITS

- Quick and easy preparation
- Creamy indulgent taste with less fat
- Binds with fluid no separation of ingredients





easy

| 125 g | QimiQ Classic, unchilled |
|--------|------------------------------|
| 250 g | Low fat yoghurt |
| 60 g | Spelt flakes |
| 60 g | Oat flakes |
| 125 m | Cherry juice |
| | Lemon juice |
| 3 tbsp | Honey |
| 150 g | Cherries, tinned and drained |
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METHOD

- 1. Whisk QimiQ Classic smooth.
- 2. Add the yoghurt, spelt flakes, oat flakes, cherry juice, lemon juice and honey and mix well.
- 3. Fold in the drained cherries.