



SUNFLOWER SEED BREAD



QimiQ BENEFITS

- Light, fluffy and moist consistency
- Quick and easy preparation
- Baked goods remain moist for longer



15



medium

INGREDIENTS FOR 1 LOAF

250 g QimiQ Cream Base

500 g Leaven

500 g Wheat flour Type 1600

150 g Sunflower seeds

50 g Linseeds

150 ml Water

25 ml Apple vinegar

30 ml Olive oil

15 g Salt

METHOD

1. Place all the ingredients into a mixing bowl and knead well.
2. Form into a loaf. Sprinkle with sunflower seeds if required and allow to proof in a warm place.
3. Preheat the oven to 180 °C (conventional oven).
4. Bake in the preheated oven for approx. 35-40 minutes.