

WALDORF SALAD WITH ROASTED DUCK BREAST



QimiQ BENEFITS

- Creamy indulgent taste with less fat
- Emulsifies with oil
- Quick and easy preparation
- No mayonnaise required





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Tips

Fold grapes into the salad.

INGREDIENTS FOR 4 PORTIONS

250 g	QimiQ Classic, unchilled
125 ml	Sunflower oil
0.5	Lemon(s), juice only
50 ml	White balsamic vinegar
500 g	Celeriac, peeled, shavings
3	Apple(s)
60 g	Walnuts, chopped
	Salt and pepper
FOR THE ROASTED DUCK BREAST	
4 ea	Barbarie Duck Breast, 160 g each
4 tbsp	Sunflower oil
	Salt and pepper

METHOD

- 1. Preheat the oven to 180 °C (conventional oven).
- 2. Whisk the unchilled QimiQ Classic smooth. Slowly whisk in the oil. Add the lemon juice and Balsamic vinegar and whisk smooth
- 3. Add the remaining ingredients and mix well. Season to taste with salt and pepper.
- 4. Score the duck skin with a sharp knife and season to taste. Fry with the skin side down in hot oil until crispy. Turn over and fry on the other side for a few seconds, then cook in the preheated oven for approx. 8 minutes. Turn the oven off and leave for a further 10 minutes.
- Portion the duck breast and serve with the Waldorf salad.