

STRAWBERRY MOUSSE IN A GLASS (THERMOMIX)



QimiQ BENEFITS

- Creamy pleasure with less fat
- Easy and quick preparation
- Emphasizes the intrinsic flavor of the ingredients



INGREDIENTS FOR 4 PORTIONS

250 g	QimiQ Classic, unchilled
100 g	Digestive biscuits
250 g	Strawberries
60 g	Sugar
100 g	Greek style yogurt
	Juice from 1/2 lemon

METHOD

- 1. Place the butter cookies in the mixing bowl and crumble for 5 sec/step 5, then transfer.
- 2. Place the strawberries and sugar in the mixing bowl, purée for 10 sec./speed 7 and transfer.
- 3. Add the uncooled QimiQ Classic to the mixing bowl and stir for 30 sec./speed 5 until smooth.
- 4. Add Greek yogurt, 150 g strawberry puree and lemon juice and mix for 10 sec/step 3.5.
- 5. Layer the strawberry mousse alternately with the butter cookie crumbs in glasses and finish with the remaining strawberry puree.
- 6. Decorate as desired and allow to cool thoroughly before serving.