

BAKED ASPARAGUS IN PUFF PASTRY

QimiQ BENEFITS

- Prevents moisture migration, pastry remains fresh and dry for longer
- Longer presentation times without loss of quality
- Enhances the natural taste of added ingredients





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INGREDIENTS FOR 4 PORTIONS

270 g Puff pastry[Tante Fanny], 1 package

FOR THE ASPARAGUS

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125 g	QimiQ Classic, unchilled
1 kg	White asparagus
100 g	Wild garlic
50 g	Cream cheese
10 g	Corn flour / starch
2 tbsp	Bread crumbs
	Salt and pepper
1	Egg(s), to brush

METHOD

- 1. Preheat the oven to 180° C (conventional oven).
- Peel the asparagus and cook in salted and sugared water for approx. 10 minutes.
- 3. Blanch the wild garlic, squeeze out the excess water and cut finely.
- 4. Whisk QimiQ Classic smooth. Add the wild garlic, cream cheese, corn flour, bread crumbs, salt and pepper and mix well
- 5. Pre-prepare the pastry according to the instructions on the packet and cut into 4 equal strips.
- 6. Spread the QimiQ mixture onto the pastry strips. Wrap the asparagus in the pastry leaving the ends free (see photo).
- 7. Brush with egg, cover the apsaragus tips with tin foil and bake in the hot oven for approx. 20 minutes.