



WHIPPED MILK RICE MANGO CREAM WITH CHOCOLATE PIECES



QimiQ BENEFITS



15



easy

Tips

Instead of strawberries you could also use tangerine pieces.

You can reduce the calories by replacing the sugar with 4 g of sweetener (Natreen liquid).

INGREDIENTS FOR 10 PORTIONS

200 g QimiQ Whip Pastry Cream, chilled

200 g Rice pudding, cold (basic recipe)

100 g Mango puree (Boiron)

70 g Sugar

20 g Pieces of chocolate

250 g Strawberries, finely sliced

METHOD

1. Stir the cold QimiQ Whip Pastry Cream (previously QimiQ Whip) in the whipping machine until fluffy.
2. Add the cold rice pudding, mango puree and sugar and whip at the highest speed for 3 minutes.
3. Fold in the chocolate pieces.