



Tips

Instead of yogurt, kefir, buttermilk, etc. can also be used. You can reduce the calories by replacing the sugar with 6 g of sweetener (Natreen liquid).

INGREDIENTS FOR 10 PORTIONS

200 g QimiQ Whip Pastry Cream, chilled	
200 g Low fat yoghurt	
110 g Boiron Raspberry Puree	
90 g Sugar	

METHOD

- 1. Stir the cold QimiQ Whip Pastry Cream (previously QimiQ Whip) in the whipping machine until fluffy.
- 2. Add the yoghurt, raspberry puree and sugar and continue whipping at the highest speed for 3 minutes.
- 3. Fill into a piping bag and bottle.

QimiQ BENEFITS



