



# SMOOTHIE RASPBERRY CURD MOUSSE

## QimiQ BENEFITS



15



easy



### Tips

You could also use fruit nectar instead of smoothies.

You can reduce the calories by replacing the sugar with 5 g of sweetener (Natreen liquid).

### INGREDIENTS FOR 10 PORTIONS

**200 g** QimiQ Whip Pastry Cream, chilled

**200 g** Low fat quark [cream cheese]

**150 ml** Smoothie raspberry

**80 g** Sugar

**50 g** Raspberries, frozen

### METHOD

1. Stir the cold QimiQ Whip Pastry Cream (previously QimiQ Whip) in the whipping machine until fluffy.
2. Add the quark, raspberry smoothie, sugar and frozen raspberry and whip at the highest speed for 3 minutes.