

CHICKEN BREAST WITH POTATO TATAR AND BROCCOLI CREME DE BEURRE



QimiQ BENEFITS

- Enhances the natural taste of added ingredients
- · Acid stable and does not curdle
- Full taste with less fat content
- 1 kg QimiQ Whip can replace up to 3 litres of fresh cream





15

easy

INGREDIENTS FOR 10 PORTIONS

MCKEDIENTO FOR 10 FORTIONS	
10	Chicken breast fillets à 150 g each
	Salt and pepper
400 g	Cherry tomatoes
	Vegetable oil, to fry
FOR THE POTATO TATAR	
250 g	QimiQ Classic, unchilled
600 g	Potatoes, peeled and cooked, diced
100 g	Onion(s), finely diced
40 g	Chives, chopped
25 ml	Balsamic vinegar, white
30 ml	Olive oil
	Salt and pepper
	Ground nutmeg, grated
	Cumin, ground
FOR THE BROCCOLI CREME DE BEURRE	
375 g	QimiQ Whip Pastry Cream, chilled
100 g	Butter, melted
150 g	Broccoli, pureed
	Salt and pepper
	Ground nutmeg, ground

METHOD

- Preheat the oven to 180 °C (conventional oven).
- 2. Season the chicken breasts, fry on both sides and place on a baking sheet with the tomatoes. Finish off in the hot oven for approx. 12 minutes.
- 3. For the potato tatar: whisk the unchilled QimiQ Classic smooth. Add the remaining ingredients and mix well. Season to taste.
- 4. For the broccoli creme de beurre: lightly whip the cold QimiQ Whip Pastry Cream until completely smooth, ensuring that the entire mixture is incorporated (especially from bottom and sides of bowl).
- 5. Slowly whisk in the melted butter.
- 6. Add the remaining ingredients and continue to whip until the required volume has been achieved
- 7. Serve with the chicken breast and warm potato tatar.