

AVOCADO CREAM DIP



QimiQ BENEFITS

- Full creamy taste with less fat and cholesterol
- Foolproof real cream product, cannot be over whipped
- · Acid stable and does not curdle
- One bowl preparation





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easy

INGREDIENTS FOR 10 PORTIONS

200 g	QimiQ Whip Pastry Cream, chilled
4	Avocado(s), softened
30 ml	Lemon juice
30 ml	Olive oil
50 g	Onion(s), finely diced
100 g	Tomato(es), finely diced
10 g	Cilantro, finely chopped
	Salt and pepper
	Tabasco sauce

METHOD

- 1. Lightly whip the cold QimiQ Whip Pastry Cream until completely smooth, ensuring that the entire mixture is incorporated (especially from bottom and sides of bowl).
- 2. Add the soft avocados, lemon juice and olive oil and continue to whisk at top speed until the required volume has been achieved.
- 3. Fold in the chopped onions, tomatoes and coriander and season to taste with salt, pepper and tabasco.
- 4. Allow to chill for approx. 2-3 hours.