

# MEDITERRANEAN BREAD SALAD



## **QimiQ BENEFITS**

- Acid stable and does not curdle
- Dressings made with QimiQ cling better to salads





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## **INGREDIENTS FOR 4 PORTIONS**

#### FOR THE DRESSING

| 200 g         | Red pepper(s), quartered |
|---------------|--------------------------|
| 125 g         | QimiQ Classic, unchilled |
| 30 ml         | Balsamic vinegar         |
| 3 g           | Garlic, finely chopped   |
|               | Salt and pepper          |
|               | Sugar                    |
|               | Oregano                  |
| FOR THE SALAD |                          |
| 150 g         | Courgette(s), diced      |
| 150 g         | Eggplant, diced          |
|               |                          |

| FOR THE SALAD |                         |
|---------------|-------------------------|
| 150 g         | Courgette(s), diced     |
| 150 g         | Eggplant, diced         |
| 150 g         | Cherry tomatoes, halved |
| 150 g         | Red onion(s), diced     |
| 50 g          | Pine nuts               |
|               | Olive oil               |
|               | Salt and pepper         |
| 150 g         | Ciabatta bread, diced   |
|               | Basil                   |

#### **METHOD**

- 1. For the dressing, stew the peppers in a hot oven at  $180^{\circ}$  C (convectional oven) for approx. 8 minutes. Add the soft peppers to the remaining ingredients and blend smooth.
- 2. For the salad, fry the vegetables and pine nuts in oil, season to taste and marinate with the dressing.
- 3. Fry the diced bread until golden brown. Serve sprinkled over the warm salad with the basil.