

AVOCADO AND SHRIMP CREAM



QimiQ BENEFITS

- · Reduces discolouration
- · Binds with fluid no separation of ingredients
- · Enhances the natural taste of added ingredients





INGREDIENTS FOR 10 PORTIONS

FOR THE AVOCADO MOUSSE

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|------------------------|----------------------------------|
| 235 g | QimiQ Whip Pastry Cream, chilled |
| 535 g | Avocado(s), peeled |
| | Salt |
| | White pepper, ground |
| 6 g | Coriander leaves, finely chopped |
| 30 ml | Lemon juice |
| FOR THE SALAD | |
| 250 g | Shrimp, peeled |
| 200 g | Avocado(s), finely diced |
| 60 g | Red onion(s), finely chopped |
| 130 g | Tomato(es), cored |
| 115 g | Sweet pepper(s), finely diced |
| 40 g | Poblano pepper, finely chopped |
| | Salt |
| | White pepper, ground |
| FOR THE DRESSING | |
| 60 ml | Olive oil |
| 8 ml | Soya sauce |
| 8 ml | Balsamic vinegar, white |

METHOD

- 1. For the mousse: lightly whip the cold QimiQ Whip Pastry Cream (previously QimiQ Whip) until completely smooth, ensuring that the complete mixture is incorporated (especially from bottom and sides of bowl).
- 2. Mash the avocado with a fork, add to the QimiQ Whip Pastry Cream (previously QimiQ Whip) and continue to whip until the required volume has been achieved. Season with the salt, pepper, chilantro and lemon juice.
- 3. For the salad, sauté the shrimp and remove from the heat. Gently toss with the remaining ingredients and marinate with
- 4. Assemble the verrines layer by layer and chill for at least 4 hours (preferably over night). Serve decorated with whole shrimp, edible flowers, micro greens and fried purple potato chips.