



## QimiQ VANTAGGI

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semplicement

## INGREDIENTI PER 4

<b>250 g</b>	QimiQ Sauce Base
<b>40 g</b>	Cipolla (Cipolle),
<b>60 g</b>	Champignoni,
<b>30 g</b>	Porro,
<b>150 g</b>	Quinoa
<b>4</b>	Olio d'oliva
<b>125</b>	Vino bianco
<b>150 g</b>	Purè di pomodori
	Sale
	Pepe nero, frisch gerieben
<b>0.5</b>	Timo, secco
<b>0.5</b>	Origano, secco
<b>60 g</b>	Parmigiano,
<b>2</b>	Zucchini
<b>1</b>	Melanzana
<b>4</b>	Olio d'oliva
<b>2</b>	Peperone (Peperoni)
	Parmigiano,

## PREPARAZIONE

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