

**QimiQ VANTAGGI**

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semplimente

INGREDIENTI PER 10

125 g QimiQ Classic,
200 g Filetto di maiale o petto di pollo,
100 g Spinaci,
4 g Sale
10 g Succo di limone
4 cl Pernod [anisetta]
Coriandolo, secco,
600 g Filetto di lucioperca, enthäutet
200 g Filetto di salmone, enthäutet

250 g QimiQ Classic,
200 g, eingeweicht
200 g Lenticchie di montagna, eingeweicht
100 g Cipolla rossa (Cipolle rosse),
50 g Olio d'oliva
40 g Aglio,
250 Vino bianco
400 Aqua
80 g Porro,
80 g Carota gialla,
160 g Melanzana,
120 g,
Sale,
2 g Pepe nero,
10 g Prezzemolo,

PREPARAZIONE

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