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QimiQ VANTAGGI

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semplicement

INGREDIENTI PER 4

250 g QimiQ Classic,
80 Olio d'oliva
120 g Cipolla rossa (Cipolle rosse),
120 g Porro,
160 g Broccoli, blanchiert
160 g Zucchina,
100 g Champignoni,
100 g Spinaci giovani
Sale
Pepe nero,
1 Vino bianco
0.5 Prezzemolo,

250 g QimiQ Classic,
60 g Burro,
3 Tuorlo d'uovo
2 Olio d'oliva
1 Sale
Pepe bianco
1 Noce moscata,
3 Bianco dell'uovo
100 g Farina di farro

PREPARAZIONE

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