



QimiQ VANTAGGI

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semplicement

INGREDIENTI PER 4

125 g	QimiQ Classic,
2	Olio di colza
700 g	Carne macinata di manzo
100 g	Cipolla (Cipolle),
20 g	Aglio,
70 g	
2	Uovo (Uova)
30 g	pangrattato di pane bianco
	Sale
	Pepe nero,
125 g	QimiQ Classic,
40 g	Ketchup
50 g	
	Sale
	Pepe nero,
80 g	Mais dolce, in conserva e sgocciolato
80 g	Mele,
80 g	,
40 g	Cipolletta,

PREPARAZIONE

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